



# NEWSLETTER

SEPTEMBER 2023

## THE NEW TERM STARTS THIS SATURDAY 9th September

### KEY INFORMATION:

- MUSICAL THEATRE RESTARTS
  - Tuesday, 19th September
- STREET JAZZ WEDNESDAYS
  - Restarts 20th September

### HALF TERM AT THE STUDIOS:

- Mon 23rd Oct to Sat 28th Oct

### RAD EXAMS

- TBC - Nov / Dec 2023

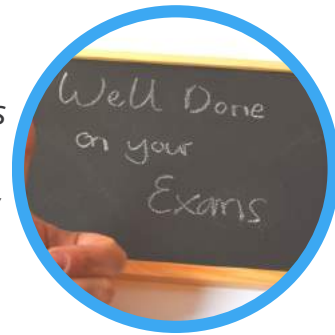
### HALLOWEEN - Tues 31st Oct

- Dress up Spookyday

### PETER PAN - November 2024

The sun is shining and the Summer holidays are a captured memory as we approach the Autumn Term. A warm (31.5 degrees!) welcome to all of our new students and their families, and welcome back to all of our returning students; we're looking forward to seeing you all.

**FANTASTIC RESULTS to everyone in their IDTA Tap, ISTD Contemporary and RAD Ballet exams!** 100% success rate with lots of merits, high merits and distinctions - we are all incredibly proud of you, and thank you to the kind messages to your teachers too; they truly believed in your abilities!



**SightSavers UK** received a donation from our fundraising in the Summer Term. Thank you to everyone who made donations via cake sales and fun activities. This term, we'll be selling cakes again and donations from Halloween Dress Up will be sent to **Action for Children**, a charity that helps keep vulnerable children safe and warm.

**OUR SUMMER WORKSHOP** was a huge success and all of the children thoroughly enjoyed themselves; some trying Contemporary, Ballet, Street Jazz or Musical Theatre for the first time.! Thank you to everyone who supported such a fabulous experience, and the speed in which the students learnt the choreography and the final performances were quite remarkable! We hope that you all loved the posts on Instagram. Miss Bethan, Miss Emily, Miss Lucy and Miss Natalie had a great time! Thanks to Miss Georgie and Miss Ellie for helping out too!



## NEW CLASSES INTRODUCED:

We do receive enquiries for new dance classes, or are approached by some teachers, who would like to be part of our team:

**NIA** - A cardiovascular fitness class that combines dance arts, martial arts, and mindfulness. NIA tones your body while transforming your mind.  
**COMPLETE BEGINNERS IN BALLET** - a class for adults with absolutely no experience whatsoever, a great introduction ballet.

**CARDIO DISCO** - high energy, great music and a fantastic start to your week-end.

**PILATES** - extra class on a Tuesday, due to the increased demand on our classes.

*Please do get in touch for timings and class start dates.*



**WE HOPE YOU HAVE ALL BEEN CLICKING** on all of the photographs we have received of our students, striking a pose, during the Summer holidays. The final ones will be posted this week-end with our guest judge and ex-student Luke Blair making his final selection next week.... Do you have any favourites...please check them all out on Instagram and like your favourites!

## COMING SOON: FABULOUS OPPORTUNITIES TO PERFORM

- **DEC 2023**
  - Christmas Cabaret of Dance and Drama
  - Naseby Pantomime
- **MAR 2024**
  - The Royal and Derngate
- **NOV 2024**
  - The Cripps Hall Theatre - Peter Pan



*A NEW PERFORMANCE TEAM class will be starting in October 2023, in preparation for some of the events that we have been asked to participate in, and to ensure that we have highly polished dance and drama performances to be able to deliver within the short notice periods that we are often given. PLEASE GET IN TOUCH if you would like more information. Thank you.*

# Classes for Adults Autumn Timetable

MONDAY					
STUDIO 1 or 2			ZOOM		
Pilates - Lola	9:15am - 10:15am	£11.00	Pilates - Caroline	8:30am - 9:00am	£6.00
NIA	9:30am - 10:30am	£11.00	Pilates - Natalie	9:10am - 10:10am	£8.00
Tap	8:05pm - 9:05pm	£ 11.00			
RAD Ballet	8:05pm - 9:05pm	£ 11.00			
TUESDAY					
STUDIO 1			STUDIO 2		
Pilates - Mandy B	9:10am - 10:10am	£11.00	Yoga Adv	9:15am - 10:30am	13.75
Pilates - Mandy B	10:20am - 11:20am	£11.00	Chair Fit	10:35am - 11:15am	£7.75
Dance Fit	11:30am - 12:20pm	£9.00			
			Pilates - Natalie	8:00pm - 9:00pm	£11.00
WEDNESDAY					
STUDIO 1 or 2			ZOOM		
Pilates - Mandy B	9:10am - 10:10am	£11.00	Pilates - Natalie	9:00am - 10:00am	£8.00
Pilates - Mandy B	10:20am - 11:20am	£11.00			
Pilates - Lola	6:45pm - 7:45pm	£11.00			
Barre	7:50pm - 8:50pm	£11.00			
THURSDAY					
STUDIO 1 or 2			ZOOM		
			Pilates - Natalie	9:10am - 10:10am	£8.00
Pilates - Natalie	11:00am - 12:00 noon	£11.00			
Contemporary Dance	7:35pm - 8:35pm	£11.00			
RAD Ballet	8:35pm - 9:25pm	£ 9.25			
FRIDAY					
			ZOOM		
			Pilates - Caroline	8:30am - 9:00am	£6.00
Beginners Ballet	7:00pm - 8:00pm	£ 11.00			
Cardio Disco	8:00pm - 9:00pm	£11.00			



# Dance Classes Autumn Term

In order to ensure that admin fees are not incurred, please check that all invoices have been paid.

Also, please be aware that we do request a half term notice period if you are leaving a class, as per our Terms and Conditions.

The fees are held and deducted if your child returns to the dance school.

MONDAY 11th Sept to 19th Dec inc.					
BALLET (Hayley)		TAP (Holly)		EXTERNAL CLASSES	
Maidwell Ballet (Pre-Prep)	3:00 - 3:40pm				
Primary	4:10 - 4:50pm	Prep	4:50 - 5:15pm		
Grade 3	4:50 - 5:40pm	Primary	5:15 - 5:40pm		
Grade 1	5:40 - 6:25pm	Grade 2	5:40 - 6:20pm		
Grade 2	6:25 - 7:10pm	Grade 3	6:20 - 7:00pm		
Grade 4	7:10 - 8:00pm	Intermediate	7:00 - 8:00pm		
Adult Ballet	8:05 - 9:05pm	Adult Tap	8:05pm - 9:05pm		
TUESDAY 12th Sept to 20th Dec inc. (MUSICAL THEATRE starts 19th Sept) SCHOOLS SEPARATE DATES					
BALLET (Bethan)		STUDIO 2		EXTERNAL CLASSES	
Maidwell Ballet (Prep)	1:55 - 2:40pm			Maidwell Curriculum	1:15 - 2:25pm
Grade 1	4:40 - 5:25pm	Musical Theatre Rec to Y3	4:40 - 5:40pm		
Grade 7	5:30 - 6:15pm	Musical Theatre Y4 to Y7	5:40 - 7:10pm		3:30 - 4:00pm
Free Syllabus	6:15 - 7:15pm	Pilates for Dancers	7:20 - 7:50pm	Pitsford Ballet	4:10 - 4:45pm
Grade 6	7:15 - 8:00pm			Naseby Primary	3:30 - 4:30pm
Advanced 2	8:00 - 9:00pm	Pilates - Adults	8:00 - 9:00pm		
WEDNESDAY 13th Sept to 21st Dec inc. (STREET JAZZ starts 20th Sept) SCHOOLS SEPARATE DATES					
BALLET (Natalie/Hayley)		STREET (Emily)		EXTERNAL CLASSES	
		Jazz Street 1	4:25 - 5:05pm	Maidwell Street	3:15 - 4:00pm
Grade 2	5:55 - 6:40pm	Jazz Street 2	5:05 - 5:50pm	Maidwell Curriculum	6:10 - 7:00pm
Grade 5	6:40 - 7:35pm			Spratton Rec	3:30 - 4:00pm
Grade 8	7:35 - 8:35pm			Spratton Yr 1	4:00 - 4:40pm
Private Lesson Available	8:35 - 9:20pm	Advanced Jazz Street	8:50 - 9:35pm	Spratton Yr 2 & Yr 3	4:40 - 5:20pm
THURSDAY 14th Sept to 22nd Dec inc. SCHOOLS SEPARATE DATES					
BALLET (Hayley)		CONTEMPORARY (Lucy)		EXTERNAL CLASSES	
Pre Primary (TBC)	4:35 - 5:10pm			Hawthorns Tap	11:30 - 12:15pm
Intermediate	5:15 - 6:00pm				
Inter Foundation	6:00 - 6:45pm	Foundation Level 2	5:20 - 6:00pm	Pitsford Curriculum	1:40 - 3:10pm
Advanced Foundation	6:50 - 7:45pm	Intermediate	6:05 - 6:50pm	Pitsford Street	3:30 - 4:00pm
Advanced 1	7:45 - 8:35pm	Intermediate Foundation	6:50 - 7:35pm	Pitsford Street	4:05 - 4:40pm
Adults Intermediate	8:35 - 9:25pm	Adults	7:35 - 8:35pm		
FRIDAY 22nd Sept to 15th December inc.					
EMILY					
Private Lesson Available	4:30 - 5:00pm				
Private Lesson Available	5:00 - 5:30pm				
Performance Team	5:30 - 6:30pm				
Private Lesson	6:30 - 7:00pm				
Adult Ballet - Beginners	7:00 - 8:00pm				
Cardio Disco	8:00 - 9:00pm				
SATURDAY 9th Sept to 16th Dec inc.					
STUDIO 1		STUDIO 2			
Tiny Ballet (TBC)	8:30 - 9:00am				
Tiny Twirlers	9:00 - 9:30am	Pre-Primary 1	8:55 - 9:35am		
Jazz Street 1	9:35 - 10:15am	Primary 2	9:35 - 10:20am		
Jazz Street 2	10:20 - 11:00am	Primary 1	10:20 - 11:00am		
Grade 1	11:05 - 11:50pm	Dinky Dance	11:05 - 12:05pm		
Grade 2	11:50 - 12:40pm	Jazz Street 3	12:05 - 12:45pm		
Grade 3	12:40 - 1:30pm	Jazz Street 4	12:45 - 1:30pm		
Grade 5	1:40 - 2:30pm	Jazz Street 5	1:30 - 2:15pm		
Pointe Work	2:35 - 3:20pm	Panto Performers	2:15 - 2:55pm		
Grade 7	3:20 - 4:10pm	Beginners PW	3:00 - 3:30pm		
Grade 6	4:10 - 5:00pm	Pilates	3:30 - 4:05pm		
		Grade 4	4:10 - 5:00pm		